Monarch Housing Associates 29 Alden Street, Suite 1B Cranford, NJ 07016 908.272.5363

www.monarchhousing.org





# Bergen County's 2016 Point-In-Time Count of the Homeless

January 26, 2016

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This report was prepared for The New Jersey Housing and Mortgage Finance Agency by Monarch Housing Associates

# I. Introduction

## NJ Counts 2016

*NJ Counts 2016*, New Jersey's annual Point-In-Time (PIT) Count of the Homeless, provides a statewide snapshot of homeless households in our communities; where they find shelter, what their needs are, and what factors contribute to making them homeless. The 2016 Count reveals important demographic and other information about families and individuals who were homeless on the night of Tuesday, January 26<sup>th</sup>, 2016 and was carried out with the help of government agencies, community-based organizations, and local volunteers.

In New Jersey, each County's count is planned, coordinated, and carried out locally, and the information gathered enables each community to better allocate housing resources and services in order to prevent and end homelessness. The PIT Count is the only opportunity throughout the year for most communities to take a comprehensive look at the total homeless population, and is especially crucial in assessing the needs of the unsheltered homeless.

#### Acknowledgements

Monarch would like to thank all Point-In-Time Coordinators, homeless service providers, agencies, and volunteers who participated in NJ Counts 2016. Monarch would also like to specifically thank Bergen County for providing a Spanish translation of the 2016 paper survey tool.

Finally, a special acknowledgement is given to all the respondents who were willing to share personal information about themselves and their households' experiences in order to help our communities better understand and assist the homeless.

Funding for coordinating New Jersey's 2016 Point-In-Time and producing this report was provided by New Jersey's Housing and Mortgage Finance Agency (NJHMFA).

## This Report

The findings in this report are presented in the following sections:

- 1. Total homeless population;
- 2. Those experiencing chronic homelessness (families and individuals that have been homeless for a year or longer, or who have experienced at least four episodes of homelessness in the last three years in which the episodes equal at least 12 months, and have a disabled head of household); and
- 3. Unsheltered families and individuals;

The structure of this report is intended to provide not only an overall snapshot of the homeless population counted in the Point-In-Time, but also to focus attention on the homeless subpopulations that are the most in need, and those that represent federal funding priorities set forth by the U.S. Department of Housing and Urban Development (HUD).

In addition to the main findings presented in the body of this report, Appendix A includes charts illustrating the responses to all survey questions that were part of the 2016 Point-In-Time Count.

# II. Data Collection and Methodology

## Requirements for the Count

As part of its Continuum of Care (CoC) application for homelessness funding, HUD requires that jurisdictions across the nation conduct a statistically reliable and unduplicated count of the homeless for one overnight period during the last 10 days of January. New Jersey's Continuums of Care (regional networks of organizations, agencies, and community stakeholders that plan local efforts to help the homeless) conduct an annual count of sheltered homeless persons (i.e. persons in emergency shelter, transitional housing for the homeless, and Safe Haven programs) and at least a biennial count of unsheltered homeless persons.

In their Point-In-Time Count, CoCs must count and report all individuals and families who meet the criteria in paragraph (1)(i) of the homeless definition in 24 CFR 91.5 of HUD's Homeless Definition Rule on the night designated for the count. This includes individuals and families who are:

- **Sheltered**, or "living in a supervised publicly or privately operated shelter designated to provide temporary living arrangement (including congregate shelters, transitional housing, and hotels and motels paid for by charitable organizations or by federal, state, or local government programs for low-income individuals)," or
- **Unsheltered**, "with a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings, including a car, park, abandoned building, bus or train station, airport, or camping ground."

Because this report focuses on those respondents who meet HUD's definition of homeless, it does not include information about those who may be at risk of homelessness, precariously housed, or considered homeless under other federal statutes. Persons who, on the night of the count, were living doubled up with another household, living in illegal or overcrowded units, being discharged from a jail or health facility with no subsequent residence, scheduled to be evicted, or paying for its own motel unit were not considered

homeless. All survey information collected for respondents who were at risk of homelessness or precariously housed was preserved and shared with each community for local planning purposes, but is not included in this report unless otherwise noted.

## Data Collection Methods

Monarch Housing Associates provided each of New Jersey's 21 counties with in-person training, online video and print training guides, a practice online survey tool, and technical assistance to aid in the data collection process for New Jersey's 2016 Point-In-Time Count. Point-In-Time Coordinators in each county disseminated PIT training materials and helped facilitate local planning around implementation of the PIT count in their communities.

For the third year, the count of homeless persons who were sheltered on the night of the point in time was primarily taken from the County's Homeless Management Information System (HMIS), while the count for the unsheltered and those sheltered by non-HMIS programs was conducted using a Paper Survey tool, personal interviews, and agency client records. This strategy was designed in accordance with HUD guidance regarding conducting both sheltered and unsheltered Point-In-Time Counts.

The 2016 PIT Survey tool closely mirrors information collected in HMIS so that the data was comparable for important factors such as household characteristics, income, services needed, and factors contributing to homelessness. Agencies updated all HMIS data to accurately reflect the night of the count, and those with programs that were non HMIS-participating submitted information from interviews utilizing the Paper Survey tool through SurveyMonkey.

#### Limitations

- 1. HUD requires a count of sheltered homeless persons and families annually, but only a biennial count of those who are unsheltered. Even though New Jersey conducts both a sheltered and unsheltered count each year, the comprehensiveness of the unsheltered count may be influenced during the non-HUD required full count years. This report includes comparison data from 2012 to 2016. 2012, 2014 and 2016 were not HUD required full reporting years while 2013 and 2015 were.
- 2. The information presented in this report is based on survey interviews and agency HMIS records. In some cases, survey respondents did not answer every question completely, and homeless provider agencies did not report all client information on the night of the count. For this reason, all charts presented in this report will be based on the responses received, while all percentages will be based on the total households or individuals served and may not equal 100% in each category due to possible missing data.
- 3. Because the Point-In-Time Count represents only one night during the last ten days of January, it is widely accepted that the PIT will undercount the overall homeless

population. Undercounting may occur due to difficulty finding those living on the street, incomplete information for people who do not agree to complete the survey, a shortage of volunteers to cover a geographic area, or homeless persons choosing not to seek housing services on the night of the count. This data should not be viewed as a comprehensive measurement of all families and individuals who experience homelessness throughout the year, but rather as a minimum number of persons who experience homelessness in New Jersey on a given night.

#### **De-duplication**

Monarch Housing Associates collected and merged all HMIS and SurveyMonkey Point-In-Time data from each community into its combined database. Monarch generated two unique identifiers, one more general and one more in-depth, based on the identifying information for each individual record. Using a formula, these unique identifiers were compared to all identifiers for other records in the database to identify potential duplicates.

All duplicates detected through comparison of unique identifiers were then de-duplicated by the following process:

- 1. Multiple HMIS records where all fields match a single record was preserved, and all duplicates were removed;
- 2. Multiple SurveyMonkey records where all fields match a single record was preserved, and all duplicates were removed;
- 3. Comparing HMIS to SurveyMonkey records where unique identifiers, disabilities, income sources, household size, and location on the night of the count all match the HMIS record was preserved and the SurveyMonkey duplicates were removed.

Following this de-duplication of the data, communities were given preliminary data to review all identified duplicates and records with missing data. Communities were then able to update records with missing information and/or request any additional deduplication they determined prudent. Monarch then updated and removed additional records based on community feedback prior to completing its final analysis and report.

# **III.** Findings for Total Homeless Population

#### **Key Findings**

- On the night of January 26<sup>th</sup>, 2016 a total of 221 households, including 296 persons, were experiencing homelessness in Bergen County, according to the 2016 Point-In-Time Count.
- A total of 10 households, with 10 persons, were identified as chronically homeless.
- 11 unsheltered homeless persons were counted.

#### **Total Homeless Population**

On the night of January 26<sup>th</sup>, 2016, a total of 296 persons, in 221 households, were experiencing homelessness in Bergen County, according to the 2016 Point-In-Time Count. This is a decrease of 44 persons (12.9%) and 39 households (15%) from 2015. Bergen County had 3.3% of New Jersey's statewide homeless population in 2016.

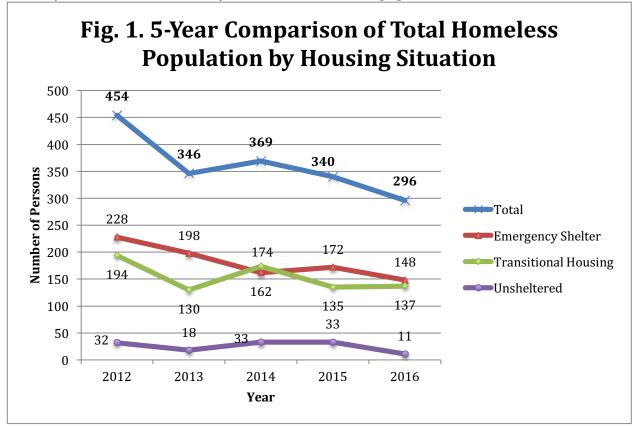


Figure 1 shows that, in 2016, 148 homeless persons stayed in emergency shelters, 137 stayed in transitional housing, and 11 were living unsheltered on the night of the count. There were 2 (1.5%) more persons in transitional housing in 2016, however, the number of those counted in emergency shelters saw a decrease of 24 persons (14%), and the number living unsheltered showed a decrease of 22 persons (66.7%) from 2015 to 2016.

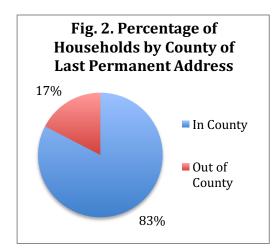


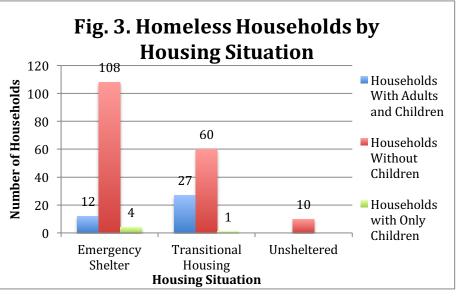
Figure 1 also shows that, while there was a slight increase in the total homeless population in 2014, overall there has been a decline in homelessness, with 2016 being the lowest count (296 persons). Over the 5-year period from 2012 to 2016, Bergen County has seen a decrease of 34.8%.

As Figure 2 shows, 17% of homeless households in Bergen County reported that their last permanent address prior to becoming homeless was outside of the county.

Homeless Families and Individuals

When reading the data regarding different types of homeless households, it is important for the reader to remember that, in this report, 'household' means "any group of persons who, if they were able to attain permanent housing, would choose to live together; and, shared the same sleeping arrangements on the night of the count." Three different types of households are discussed below: households with adults and children under 18 ('families'), households without children ('individuals'), and households with only children under 18 ('unaccompanied youth').

Of the 221 homeless households counted in Bergen County in 2016, 39 (17.6%)were families with at least one child under the age of 18 and one adult. This number matches the 39 families that were counted 2015. in These families included 111 persons, 71 children under age 18, and 40 adults. The



average family size was 3 persons. Figure 3 shows that 27 families (69.2%) were staying in transitional housing on the night of the count, while the remaining 12 were in emergency shelter programs. Similar to 2015, there were no unsheltered families counted in 2016.

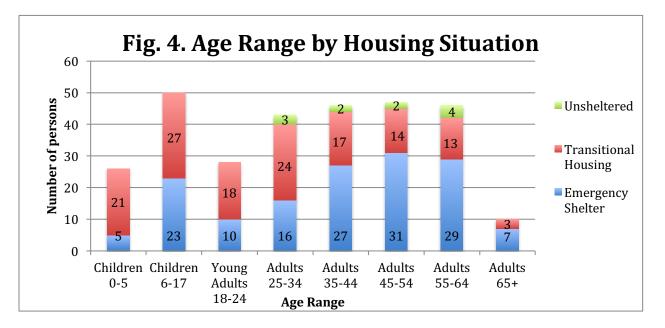
80.5% (178) of the homeless households counted in Bergen County were households without children under 18, and they were composed of 180 persons. 108 (60.7%) of these adult-only households were staying in emergency shelters, 60 (33.7%) were in transitional

housing, and 10 (5.6%) were unsheltered. Bergen County has seen the number of adultonly households decrease by 37 (17.2%) since 2015.

As Figure 3 indicates, there were 5 youth only households reported in 2016, a decrease of 1 from 2015. All of these households were one-child households. 4 unaccompanied youth were staying in emergency shelter, while 1 was in a transitional housing program on the night of the count.

## Demographics

The majority (192 persons, 64.9%) of those experiencing homelessness in Bergen County on the night of the count were adults over age 24. There was a total of 28 (9.5%) homeless young adults between 18 and 24 years old, and 76 (25.7%) children under 18 years old as well. As Figure 4 shows, the age range most represented, with 50 persons and 16.9% of the total homeless population, was children between 6 and 17, a shift from 2015, where the most represented age range was adults between 45 and 54.

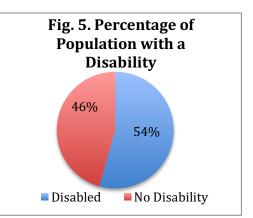


50.7% (150) of homeless persons counted were male, and 49.3% (146) were female.

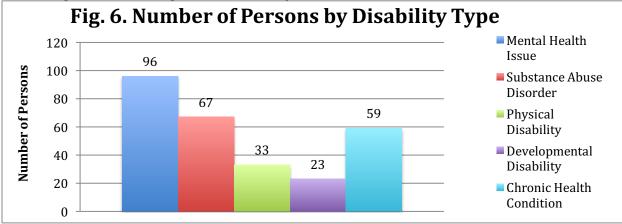
57.8% (171) of homeless persons identified their race as White, making that the largest racial subgroup of homeless persons reported. The next largest group self-identified as Black or African-American (37.2%, 110 persons), followed by those identifying as Asian (2.7%, 8 persons). With regard to ethnicity, 26.4% of persons identified themselves as Hispanic.

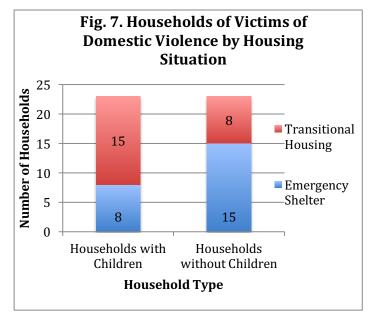
#### Disabilities

Figure 5 illustrates that 54% of homeless persons reported having some type of disability. 67.3% of adults 18 or older reported some type of disability compared to 17.1% of children. Figure 6 shows the number of the homeless persons that identified as having various disabilities. The most prevalent disabilities were mental health issues, substance abuse disorders, and chronic health conditions.



Among disabled adults, 64.2% reported mental health issues making this the most prevalent disability; representing 43.2% of the total adult homeless population. 43.9% of disabled adults reported a substance abuse disorder. Among disabled homeless children, 46.2% reported a developmental disability.



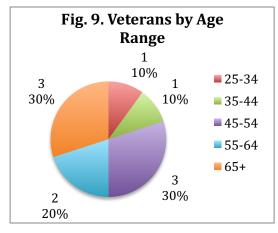


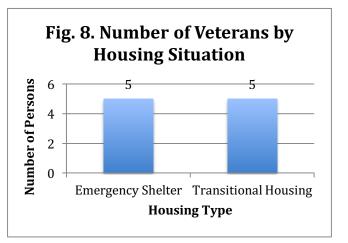
#### Victims of Domestic Violence

On the night of the count, in Bergen County. 46 homeless households reported having a victim of domestic violence, 5 fewer households than 2015. Figure 7 shows that the population is evenly split between adult-only households and families. 22 households represented adult only individuals. while 1 household consisted of two adults. There were unsheltered households no that identified having a victim of domestic violence.

#### Veterans

In its plan, Opening Doors: Federal Strategic Plan to Prevent and End Homelessness, States the United Interagency Council on Homelessness (USICH) has prioritized ending homelessness among veterans in 2015. Many communities in New Jersey have been working hard to also end homelessness country's among our servicemen and women.





10 homeless veteran households were counted on the night of the count, 12 less than 2015. All veterans served in 2016 were individual adult males.

In regards to racial background, 50% of veterans identified as White and 50% identified as Black or African American. Figure 9 illustrates the percentage of homeless veterans by age range.

No homeless veterans reported being victims of

domestic violence and 7 of the 10, 70%, of veterans reported having some kind of disability. The most common disabilities cited were mental health issues (57.1%), substance abuse disorders (42.9%) and chronic health conditions (42.9%). 20% of veteran households reported receiving Veteran's Disability and 10% reported Veteran's Pension as forms of income. 5 of the 10 veterans reported being connected to VA Medical Benefits. The two types of service that homeless veteran households sought most were emergency shelter (50%) and housing (50%).

#### **Income and Benefits**

Among all households experiencing homelessness on the night of the count, 32.6% had no source of income, and 24.4% reported receiving some form of earned cash income. The most common sources of cash income among homeless households outside of earned income were SSI (21.3%), TANF and General Assistance (9.5% each).

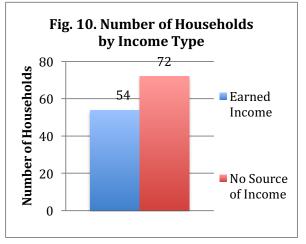


Figure 11. Average Monthly Income For Households by Housing Situation					
	Emergency Shelter	Transitional Housing	Unsheltered		
Average for All Households	\$671.43	\$878.47	\$457		

Figure 11 shows the average monthly income for all homeless households.

22.6% of households reported that their household was receiving no kind of non-cash benefit on the night of the count. Medicaid was the top reported non-cash benefit, and was received by 48% of households. 38.9% of homeless households were connected to Food Stamps, or the Supplemental Nutrition Assistance Program (SNAP).

#### Length of Homelessness

Figure 12 shows the range lengths of homeless episodes experienced on the night of the count by households in Bergen County. The largest grouping of households reported their most recent, continuous episode of homelessness had lasted between 3 months and 1 day and 6 months (51, 23.1%). 6

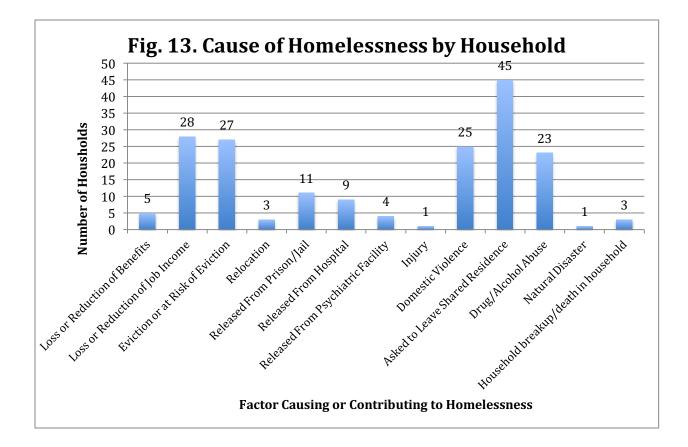


less households reported being homeless for more than 1 year compared to 2015.

#### Cause of Homelessness

When asked to share the primary factor that contributed to, or caused, their homelessness, more households attributed their homelessness to being asked to leave a shared residence (45 households, 20.4%) than any other cause. As Figure 13 shows, the next most common factor reported was a loss or reduction in job income (12.7%).

When homeless households were asked 'what was your residence prior to your current living situation?' more said they were staying or living with friends or family prior to their current living situation (24.4%) than any other type of residence. Another 19% of households reported staying in an emergency shelter.



# IV. Findings for the Chronically Homeless

Someone with a long-term disabling condition, who has been continually homeless for a year or more, or at least four times in the past three years, meets HUD's definition of chronically homeless. Any family with one adult that meets this definition is considered a chronically homeless family. This definition has been updated since the 2015 point in time, in such that in order for a household to meet the episodic definition of chronically homeless, the 4 episodes must equal at least 12 months, which may lead to a decrease in the number of households that qualify as chronically homeless.

HUD currently has a goal of ending chronic homelessness by 2017. This goal reflects the urgency of helping to house those persons who have not been able to remain stably housed over the course of an extended period of time. Chronically Homeless persons are among the most vulnerable homeless groups, and providing effective supportive services and case management may be required in order to help some stay in the housing they need. Prioritization of new Continuum of Care funding opportunities has recently been giving some communities in New Jersey new resources for housing this subgroup.

#### **Total Chronically Homeless Population**

10 households, made up of 10 total persons, were chronically homeless in Bergen County, according to the 2016 Point-In-Time Count. This is a decrease of 18 households and 18 persons (64.3%) from 2015. The rate of chronic homelessness as a percentage of overall homelessness decreased from 8.2% in 2015 to 4.5%.

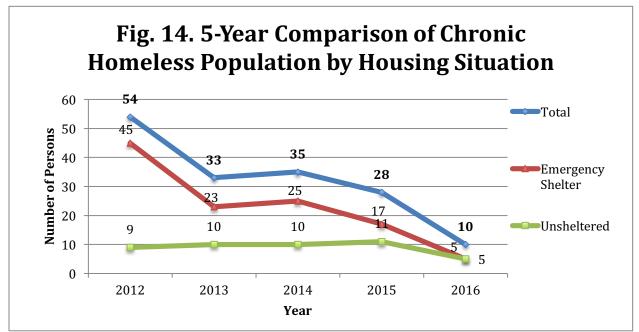
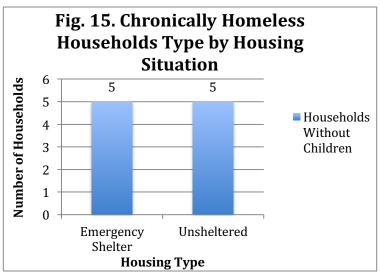


Figure 14 shows the number of chronically homeless persons who were in emergency shelter or living unsheltered in Bergen County from 2012 to 2016. Over the past five years, the overall number of chronically homeless persons has fallen by 44 persons, or 81.5%. The total number of chronically homeless persons served in emergency shelter and those unsheltered both decreased from 2015 by 70.6% for emergency shelter and 54.5% for those unsheltered.

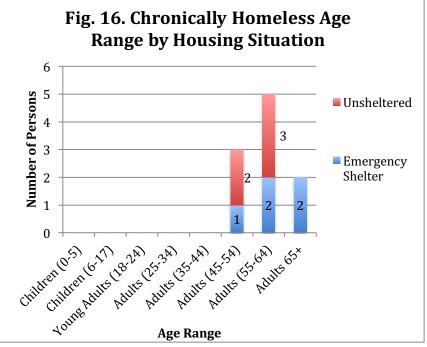
#### Families and Individuals

Similar to 2015, all of the 10 chronically homeless households counted in Bergen County in 2016 were individual adults. 50% of the chronically homeless households were in emergency shelter projects on the night of the count, while the other 50% were unsheltered.



#### **Demographics**

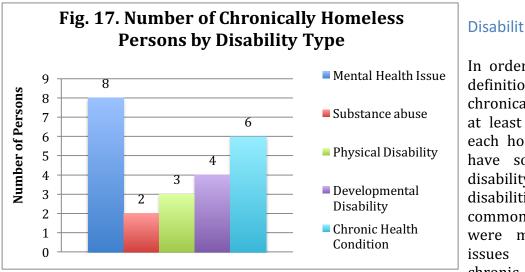
Of the 10 total chronically homeless persons, the age range with the highest concentration of chronically homeless adults persons was between 55 and 64 years old (5 persons, 50%). There was a decrease of 9 persons (75%) in the 45 to 54 age range from 2015, while there was an increase of 1 person in the above 64 age range.



60% of those counted as

chronically homeless were male, while 40% were female.

The largest racial subgroup of chronically homeless persons reported their race as White (80%), and the next largest group self-identified as American Indian/Alaska Native (10%). With regard to ethnicity, 80% of chronically homeless persons identified themselves as Non-Hispanic.



**Disabilities** 

In order to meet the definition of chronically homeless, at least one adult in each household must have some kind of disability. The disabilities most commonly identified were mental health (80%) and chronic health

conditions (60%). The complete numbers of reported disabilities among the chronically homeless can be seen in Figure 17.

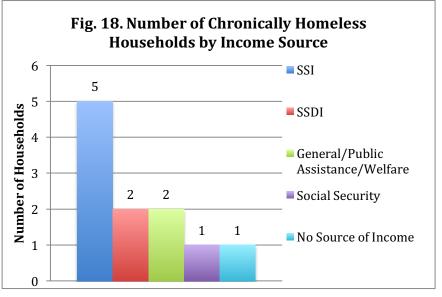
#### **Subpopulations**

On the night of the count, no chronically homeless persons in Bergen County reported being victims of domestic violence. This is 4 less than were counted in 2015.

There were no chronically homeless veterans identified on the night of the count, a decrease from the 2 that were counted in 2015.

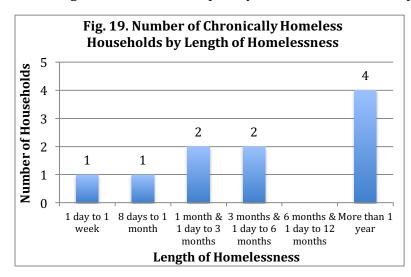


Among all the chronically homeless households on the night of the count, 10% reported receiving no type of cash income. Figure 18 shows the sources of income received. The most common source of cash income among chronicallv homeless households was SSI, which was received by



50%. 0 chronically homeless households reported having a form of earned income.

100% of chronically homeless households reported that they were receiving some type of non-cash benefit on the night of the count. Food Stamps (SNAP) was the top reported non-cash benefit among the chronically homeless, with 60% receiving this benefit. Another 50% of chronically homeless households reported receiving Medicaid, while 10% reported receiving Medicare and Temporary Rental Assistance, respectively.

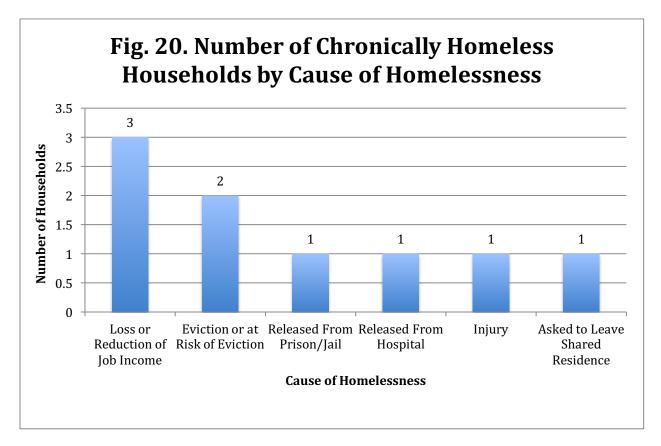


## Length of Homelessness

Figure 19 shows that more chronically homeless households (40%) reported that their most recent, continuous episode of homelessness had lasted for more than a year than other lengths of time. However, this is a decrease of 1 person from 2015.

#### Cause of Homelessness

When asked to share the primary factor that contributed to, or caused, their homelessness, 30% of chronically homeless households cited a loss or reduction of job income. Another 20% reported eviction or at risk of eviction.



# V. Findings for the Unsheltered Homeless

HUD's definition of "unsheltered homeless" applies to any individual or family "with a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings, including a car, park, abandoned building, bus or train station, airport, or camping ground."

Unsheltered homeless individuals and families are among those with the most critical housing needs in a community. The unsheltered are especially vulnerable in the cold weather and the elements, which are in evidence at the end of January when the Count takes place. The Point-In-Time survey can play an important role in helping communities understand why some of the homeless remain unsheltered, and who is included in this group.

#### **Total Unsheltered Homeless Population**

10 households, made up of 11 persons, were living unsheltered in Bergen County, according to the 2016 Point-In-Time Count. This is a decrease of 21 households (67.8%), and 22 persons (66.7%) from 2015.

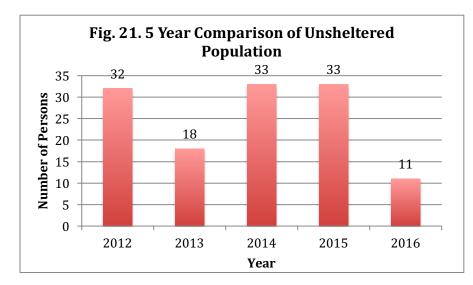


Figure 21 shows the number of unsheltered persons from 2012 to 2016. showing а significant decrease in the number of unsheltered persons timeframe. over that From 2012 to 2016, the number total of unsheltered persons has decreased by 21 or 65.6%.

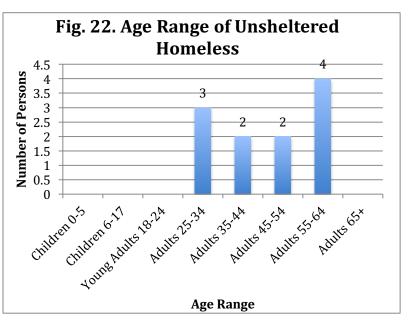
## Families and Individuals

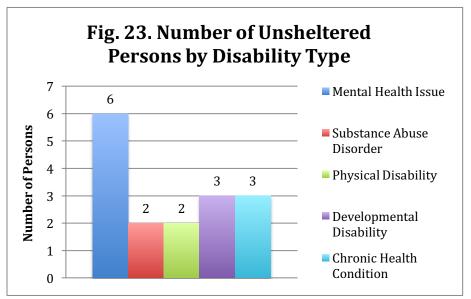
All 10 unsheltered households counted in 2016 were adult only households. There was 1 adult only household that was composed of 2 adults, bringing the total to 11 unsheltered persons.

#### Demographics

As Figure 22 shows, the largest portion of the 11 unsheltered persons counted in 2016, 36.4%, was between 55 and 64 years old.

8 of the 11 unsheltered persons were male (72.7%). 5 (45.5%) identified their race as White and 3 (27.3%) identified as Black or African-American. None of the unsheltered persons identified as Hispanic.





#### Disabilities

8 of the 11 unsheltered persons (72.7%)reported having some disability. Among the disabled. the most common disability was mental health issues (6 persons, 75%). The complete numbers of disabilities reported among the unsheltered can be seen in Figure 23.

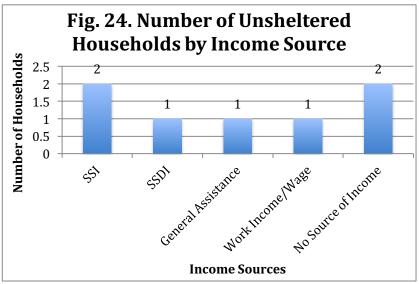
#### **Subpopulations**

On the night of the count, 0 unsheltered homeless persons in Bergen County reported being victims of domestic violence. This was 2 less than were counted in 2015.

There were 0 unsheltered veteran households on the night of the count, a decrease of 5 from 2015.

#### **Income and Benefits**

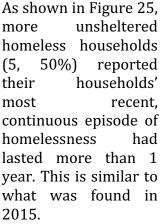
Among all the unsheltered households on the night of the count, 2 (20%) reported having no source of cash income. The average monthly income reported among unsheltered households was approximately \$457. 20% of unsheltered households received SSI, making it the most common source of



cash income. Figure 24 shows all sources of income received.

2 unsheltered households (20%) reported they were not receiving any type of non-cash benefit on the night of the count. Food Stamps (SNAP) was the top reported non-cash benefit among unsheltered households, with 50% receiving this benefit. In addition, 10% were connected to Medicaid benefits.

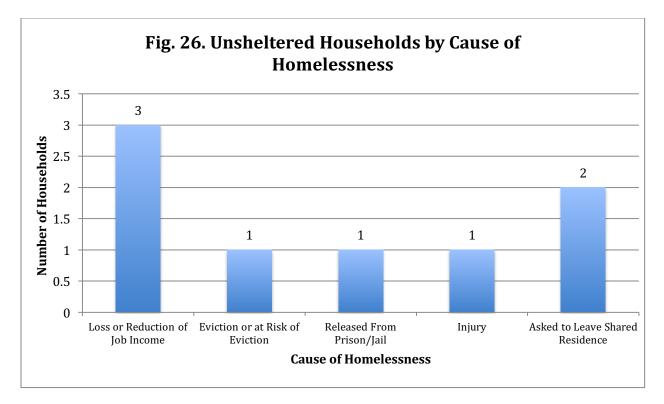
## Length of Homelessness





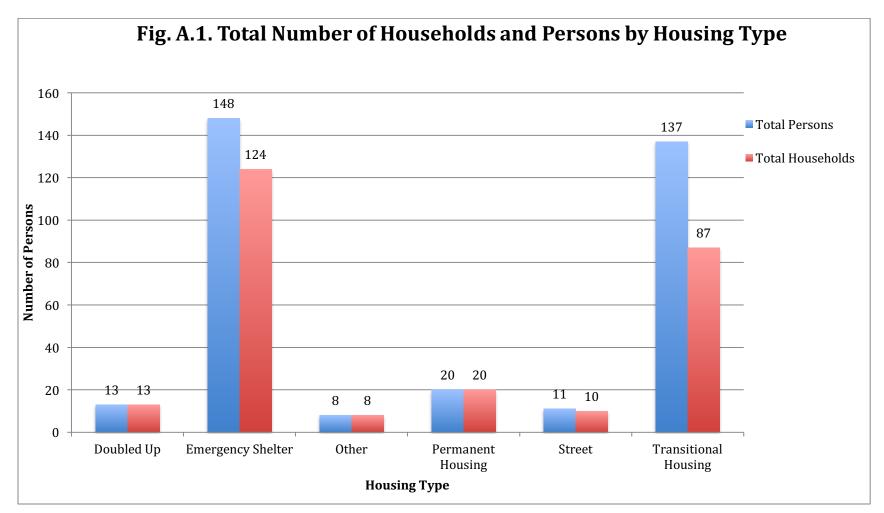
#### Cause of Homelessness

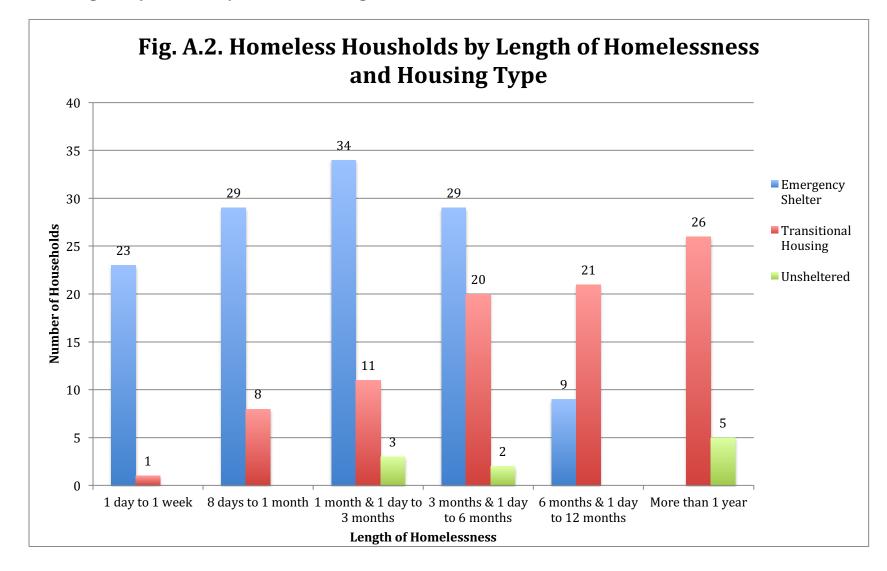
When asked to share the primary factor that contributed to, or caused, their homelessness, more unsheltered households cited loss or reduction of job income (30%) than any other factor. Figure 26 shows the full breakdown for unsheltered households.



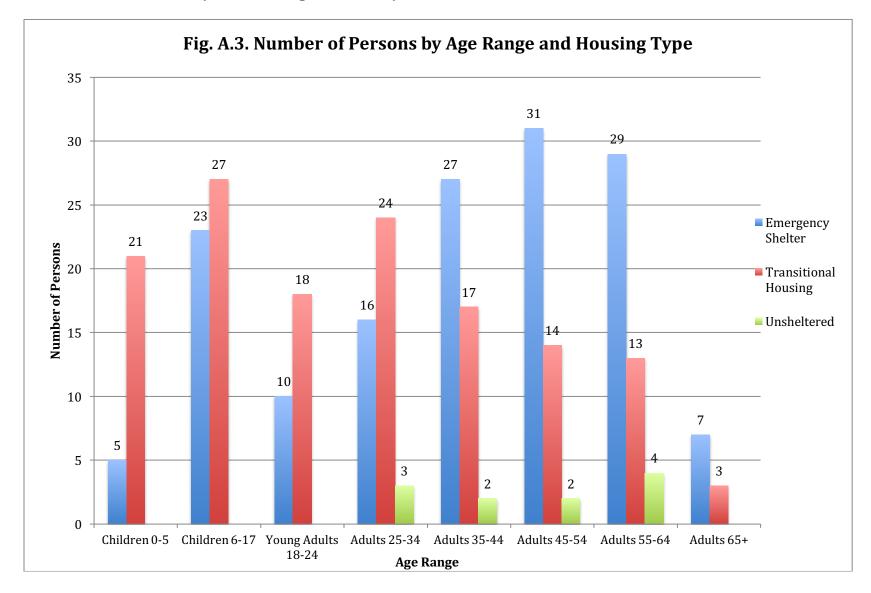
# VI. Appendix

Where did you spend the night of Tuesday, January 26, 2016?

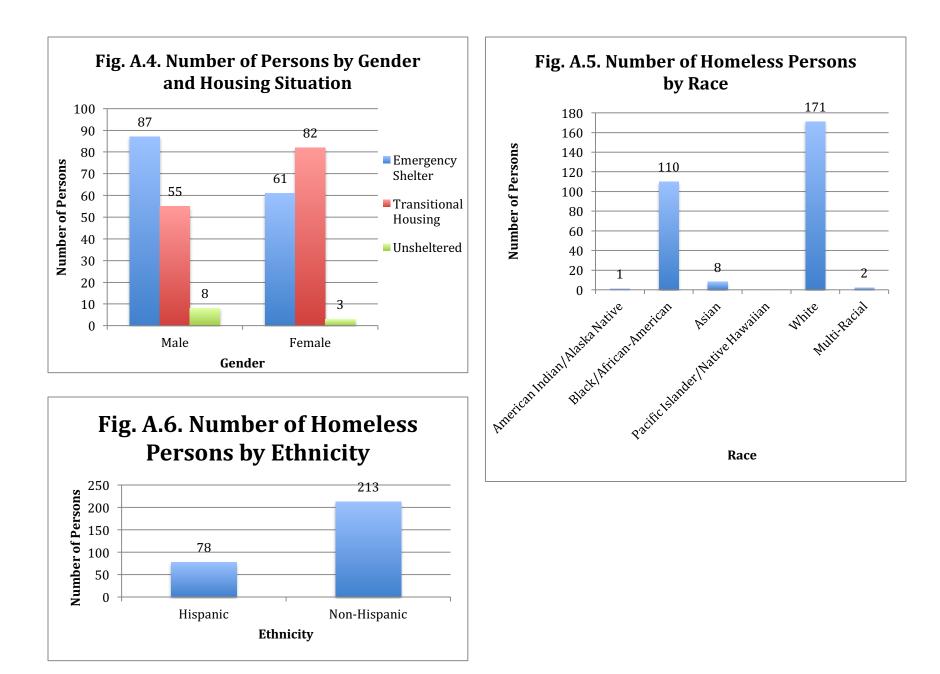




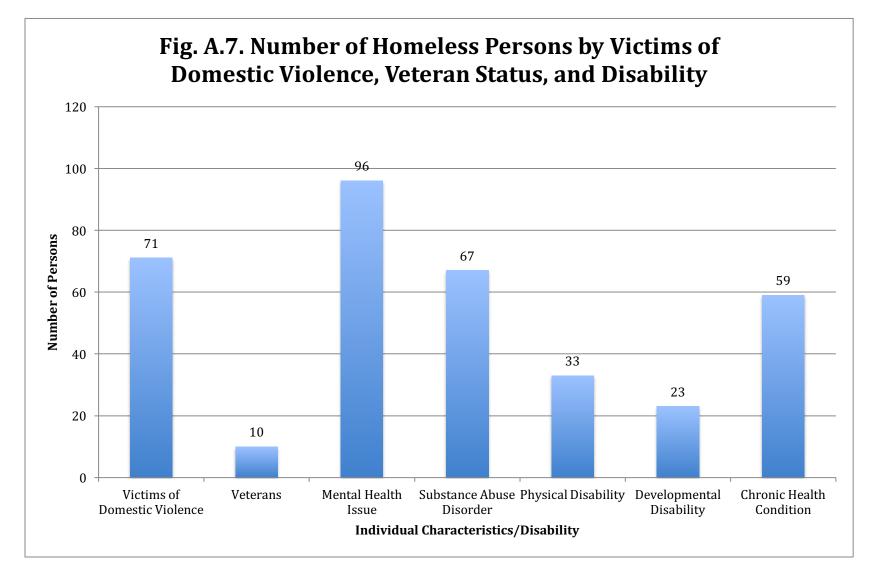
How long have you been in your current living situation?



Who was homeless with you on the night of January 26<sup>th</sup>?

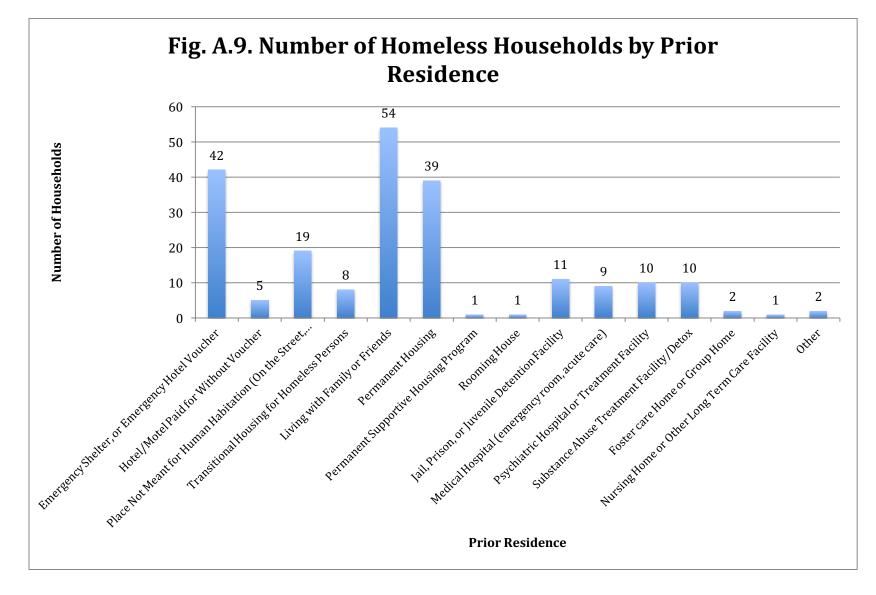


Household Characteristics - check all that apply to each person

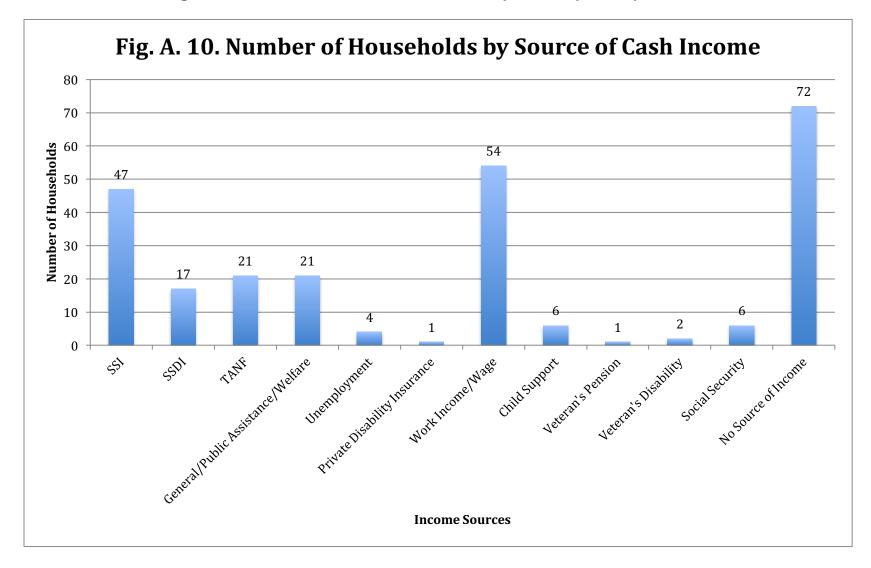


Where was your last permanent address before becoming homeless?

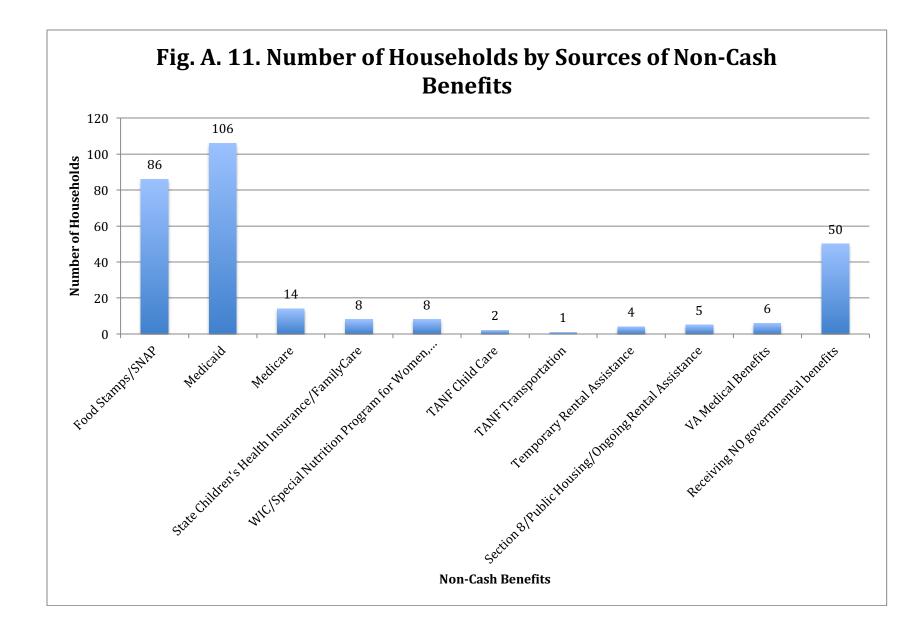
Fig. A.8. Number of Homeless Households by County, State or Country of Last Permanent			
Address Last Permanent Address – County/State	Number of Households		
Bergen County	166		
Burlington County	1		
Camden County	2		
Cape May County	2		
Essex County	4		
Florida	2		
Hudson County	2		
Mercer County	2		
Middlesex County	2		
Morris County	1		
New York	3		
Ocean County	2		
Passaic County	7		
Pennsylvania	1		
Salem County	1		
Texas	1		
Union County	1		



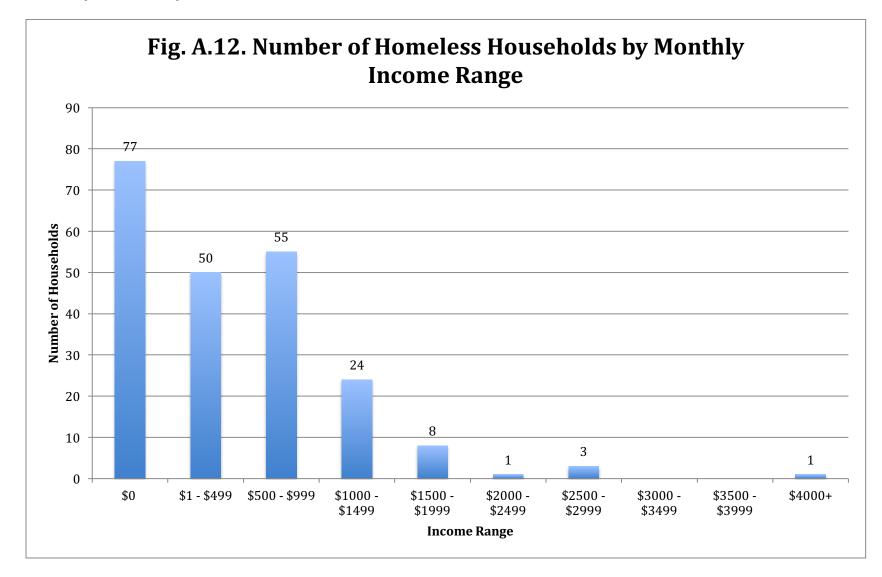
What was your residence prior to your current living situation?

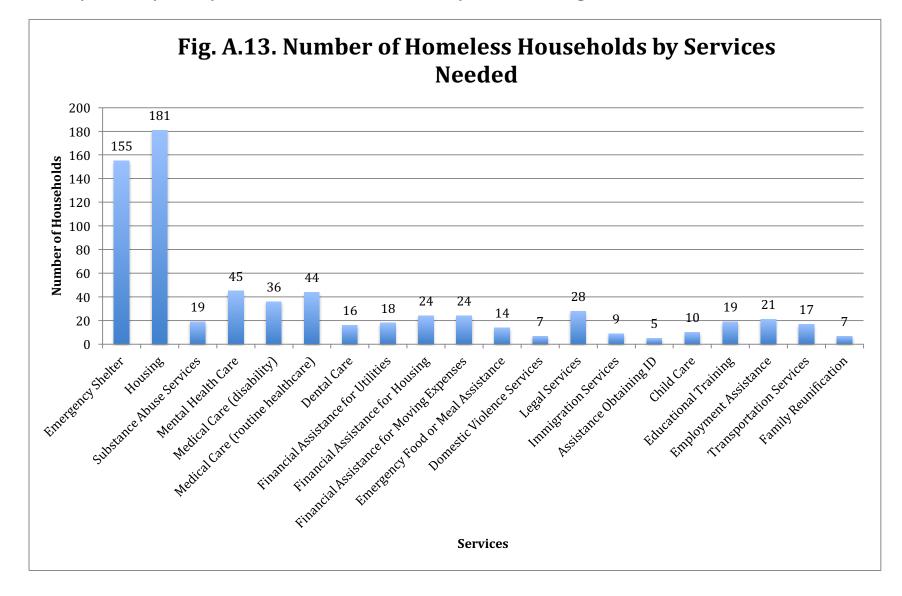


Which of the following sources of income or non-cash benefits do you, or anyone in your household, receive?

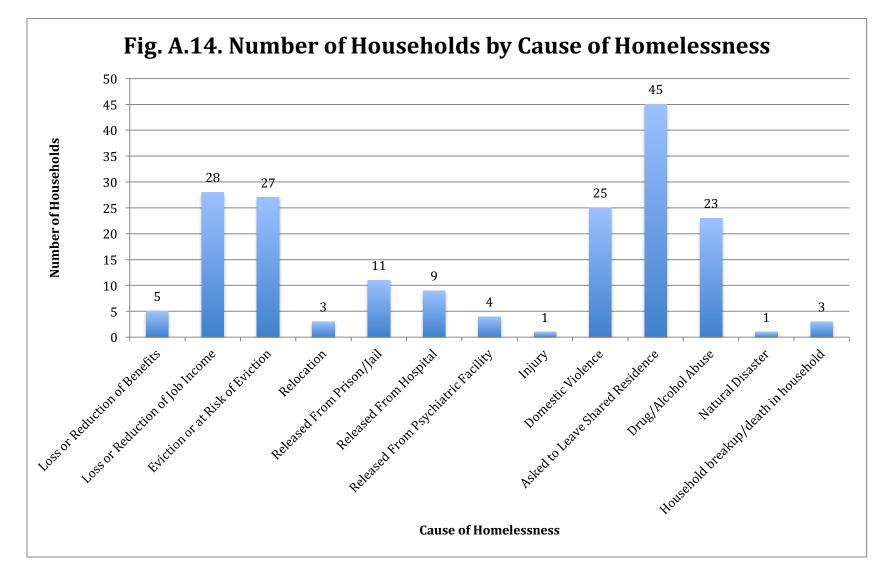


What is your monthly household income?





Would you, or anyone in your household, like to receive any of the following services?



What was the primary factor that contributed to, or caused, your current living situation?