Acknowledgements

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A special acknowledgement is given to all the respondents, who were willing to share personal information about themselves and their households’ experiences in order to help our communities better understand and assist the homeless.
Table of Contents

Acknowledgements ........................................................................................................................................ 2

I. Introduction ............................................................................................................................................. 3
   NJ Counts 2023 ........................................................................................................................................ 3
   This Report ............................................................................................................................................... 3
   Definition of Terms ................................................................................................................................. 3
   Changes affecting the 2023 Point-in-Time Count .................................................................................. 4

II. Racial Disparities in Total Homeless Population ................................................................................. 6

III. Findings for Total Homeless Population ............................................................................................... 10
   Key Findings ........................................................................................................................................... 10
   Total Homeless Population ...................................................................................................................... 11
   Homeless Families and Individuals ......................................................................................................... 11
   Demographics ......................................................................................................................................... 12
   Subpopulations ....................................................................................................................................... 13
   Disabilities ............................................................................................................................................... 14
   Income and Benefits ............................................................................................................................... 15
   Length of Homelessness ........................................................................................................................... 16
   Episodes of Homelessness ....................................................................................................................... 16
   Cause of Homelessness and Barriers to Services .................................................................................. 17

IV. Findings for the Chronically Homeless ................................................................................................. 18

V. Findings for the Unsheltered Homeless ................................................................................................. 20

VI. Findings for Homeless Veterans ........................................................................................................... 22

VII. Finding for Homeless Youth .................................................................................................................. 24

VIII. Findings for Victims of Domestic Violence ....................................................................................... 26

IX. Appendix A: Data Collection and Methodology ................................................................................ 28
    Requirements for the Count .................................................................................................................. 28
    Data Collection Methods ...................................................................................................................... 28
    Limitations ............................................................................................................................................ 29
    De-duplication .................................................................................................................................... 30

X. Appendix B: 10-Year Look Back and Survey Responses ........................................................................ 31

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I. Introduction

NJ Counts 2023

*NJ Counts 2023*, New Jersey's annual Point-In-Time (PIT) Count of the Homeless, provides a statewide snapshot of households experiencing homelessness in our communities; where they find shelter, what their needs are, and what factors contribute to making them homeless. The 2023 Count reveals important demographic and other information about families and individuals experiencing homelessness on the night of Tuesday, January 24, 2023. These findings help stakeholders understand how to better allocate housing resources and services in order to prevent and end homelessness.

This Report

The structure of this report is intended to provide not only an overall snapshot of the homeless population counted in the Point-In-Time, but also to focus attention on the homeless subpopulations that are the most in need, and those that represent federal funding priorities set forth by the U.S. Department of Housing and Urban Development (HUD).

The findings in this report are presented in the following sections:

1. Racial Disparities among the Total Homeless Population;
2. Total Homeless Population;
3. Subpopulations
   a. Unsheltered
   b. Chronically Homeless
   c. Veterans
   d. Victims of Domestic Violence
   e. Youth

In addition to the main findings presented in the body of this report, Appendix B includes charts illustrating the responses to all survey questions that were part of the 2023 Point-In-Time Count. Appendix A contains information on data collection and methodology.

Definition of Terms

Household – “any group of persons who, if they were able to attain permanent housing, would choose to live together; and, shared the same sleeping arrangements on the night of the count.” Three different types of households are discussed below: households with adults and children under 18 (‘families’), households without children (‘individuals’), and households with only children under 18 (‘unaccompanied youth’).

Unsheltered homeless - applies to any individual or family with a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings, including a car, park, abandoned building, bus or train station, airport, or camping ground.
Emergency Shelter - any facility, the primary purpose of which is to provide a temporary shelter for the homeless in general or for specific populations of the homeless and which does not require occupants to sign leases or occupancy agreements.

Transitional Housing - a project that is designed to provide housing and appropriate supportive services to homeless persons to facilitate movement to independent living within 24 months.

Safe Haven - a form of supportive housing that serves hard-to-reach homeless persons with severe mental illness who come primarily from the streets and have been unable or unwilling to participate in housing or supportive services. Safe Haven programs offer low barriers to program entry and low-demand services and referrals in a 24-hour residential setting to no more than 25 persons.

**Changes affecting the 2023 Point-in-Time Count**
The 2023 Count represents the first time the identified population experiencing homelessness has been over 10,000 people since 2015 (see Appendix B, Figure 1). These numbers represent a convergence of many system changes.
- The COVID-19 eviction moratorium was lifted on January 1, 2022. As the court system works its way through the backlog, the system is now starting to see those who could not maintain their homes become homeless.
- New Jersey, like the rest of the nation, is in the midst of a housing crisis. There are not enough homes affordable to those making 30% of the area median income or less. The National Low Income Housing Coalition’s Gap Report has identified that within NJ for every 100 households looking for a place to call home, there are only 31 units available to them creating a shortage of 224,531 homes for extremely low-income households.
- New Jersey municipalities have seen significant rent increases that in many cases exceed national averages. According to the Rent Report for December 2022, prepared by rent.com, NJ saw an 8.38% increase in rents year over year.
- The St. Louis Federal Reserve Bank – Federal Reserve Economic Data (FRED) highlights that in 2022 NJ had a vacancy rate of 3.7% for rental units, a significant drop from an 11.2% vacancy rate in 2012.

In Fall 2022, Monarch Housing Associates engaged the Statewide Advisory Board of Persons with Lived Experience of Homelessness to restructure the Point-In-Time Count to be dignity-centered. This provided invaluable insight and reshaped the survey to gather the appropriate data while recognizing the humanity of all respondents. Additionally, the Advisory Board provided a motivational interviewing training to all interviewers. Communities reported that the involvement of the Advisory Board assisted with the data collection efforts and centered the experience of persons who are homeless.
When reviewing data included in this report, it is important to keep in mind that the Point-in-Time data includes a census of all persons in sheltering programs (emergency shelter, transitional housing, and safe haven programs) as well as the unsheltered population identified on the night of the count. While there is uniformity and complete coverage in data collection for those utilizing the sheltering system within communities, each county develops a local methodology to identify and engage unsheltered persons within the community. As such, the strength of the unsheltered count varies from community to community. In addition, it is generally accepted that while communities work to identify and engage all persons living unsheltered within their geographic region, the count of persons unsheltered in the community may not reflect the full population experiencing homelessness.
II. Racial Disparities in Total Homeless Population

NJ Counts 2023 provides a snapshot of the population experiencing homelessness in the State of New Jersey on a single night. The results of this report are intended to assist communities in understanding the characteristics and needs of those experiencing homelessness to improve service delivery and resource targeting to effectively end homelessness. As communities work to expand their understanding of the root causes of homelessness it is important to recognize the structural forces impacting trajectories into and out of homelessness. Disparities in who experiences homelessness highlight the impact of a pervasive structural force: systemic racism. Acknowledging and understanding the impact of systemic racism on those experiencing homelessness is key to developing an effective system responsive to the community and strengthening cultural understanding and awareness.

On January 24, 2023, there were 1,595 persons experiencing homelessness on a single night in Essex County. Figure R.1 illustrates the racial breakdown of the total population in Essex County, those living below the poverty line, and those experiencing homelessness.

In comparing the racial breakdown of those experiencing homelessness to the racial

![Fig. R.1: Percent of Population by Race and Ethnicity](chart.png)
breakdown in the general population and those living in poverty, disparate impacts along racial lines are evident. According to the American Community Survey 2021 annual estimates prepared by the Census Bureau, about 854,917 people live in Essex County, and 15% (126,854 persons) of Essex County residents are living below the poverty line. There is a strong correlation between poverty and homelessness, however, the racial disparities evident in the counted population indicate that poverty alone does not determine who will experience homelessness.

The disparity in representation within the population experiencing homelessness as compared to the population experiencing poverty by race point to poverty being an inconclusive indicator of who will experience homelessness. The chart above highlights that race rather than poverty appears to be a more predictive indicator of who will experience homelessness. Further analysis is necessary to understand the full scope of risk factors and protective factors for communities experiencing homelessness as they relate to race as an indicator. Within this context it is important to explore the impact of systemic racism on experiences of homelessness, both in terms of who is likely to become homeless, and how systems of care work to end homelessness.

The data from Figure R.1 indicates the following:

- Persons identifying as Black or African American non-Hispanic/Latino are overrepresented in the population experiencing homelessness. While 35.9% of the general population, persons identifying as Black or African American are 45.8% of the population in poverty and 70.5% of the population identified as experiencing homelessness.

- Persons identifying as Black or African American non-Hispanic/Latino represent 72% of the sheltered population (staying in emergency shelter, or transitional housing) and 79% of the identified unsheltered population. Persons identifying as White non-Hispanic/Latino represent 7% of the sheltered population and 9% of the identified unsheltered population. Persons identifying as Hispanic/Latino represent 18% of the sheltered population and 9% of the unsheltered population.

Figure R.2 illustrates the racial breakdown within each household type for those identified as experiencing homelessness.

- Persons identifying as Black or African American non-Hispanic/Latino make up the majority of individual (72%), couple (62%) and family (70%) household types, whereas persons identifying as American Indian/Native American made up the majority of unaccompanied youth households (38%, 5 persons).

- 40% of persons identifying as Black or African American non-Hispanic/Latino and 57% of persons identifying as Hispanic/Latino were in family households with at least one adult and one child under the age of 18, as compared to 21% of persons identifying as White non-Hispanic/Latino.
Disparities along racial and ethnic lines in the population experiencing homelessness are seen in a number of other areas including the following:

- 25% of persons identifying as Black or African American and 35% of persons identifying as Hispanic/Latino were children under the age of 18, as compared to 14% of persons identifying as White non-Hispanic/Latino.
- The majority of persons identifying as White non-Hispanic/Latino identified as female (51%), whereas the majority of persons identifying as Black or African American and Hispanic/Latino identified as male (53% and 55%, respectively).
- Of persons identifying as Black or African American, 18% reported receiving Earned Income, compared to 12% of persons identifying as White non-Hispanic/Latino and 13% of persons identifying as Hispanic/Latino.
- 65% of persons identifying as White non-Hispanic/Latino reported receiving Medicaid, as compared to 55% of persons identifying as Hispanic/Latino and 58% of persons identifying as Black or African American.
- 58% of persons identifying as White non-Hispanic/Latino indicated a disabbling condition, as compared to 35% of persons identifying as Black or African American and 34% of persons identifying as Hispanic/Latino.
Figure R.3 illustrates the racial breakdown within each disabling condition reported.

- Of persons identifying as White non-Hispanic/Latino, 37% reported a substance abuse disorder as compared to 16% and 13% of persons identifying as Black or African American and Hispanic/Latino, respectively.
- Of the 39 homeless persons who reported having HIV/AIDS, 60% identified as Black or African American and 25% identified as Hispanic/Latino.
- Persons identifying as Black or African American represented the majority of persons identifying a mental health issue, substance abuse disorder, physical disability, developmental disability, chronic health condition, and HIV/AIDS.

Disparities emerged in response to a number of other questions included in the PIT survey in addition to the ones reported here. Given this information, it is clear that more research is needed to fully understand the causes, correlations and impacts of racial disparities in who experiences homelessness and how they experience and navigate the systems of service. In addition, this information highlights the need for homeless service systems to make deliberate efforts to understand and address racial disparities in order to better serve those experiencing homelessness and effectively end their homelessness.
III. Findings for Total Homeless Population

Key Findings

- On the night of January 24, 2023, a total of 1,153 households, including 1,595 persons, were experiencing homelessness in Essex County according to the 2023 Point-In-Time Count.
- A total of 186 persons were identified as chronically homeless.
- 126 persons were unsheltered on the night of the count.
- Of the 1,119 persons in emergency shelters on the night of the count, 0.2% (2) reported staying in a Code Blue Warming Center.
- Data contained within this report was collected from the Homeless Management Information System (HMIS) as well as from client-level interviews entered into SurveyMonkey (SM). About 84% of data collected for this report was generated through HMIS while 16% was generated through client-level interviews from SM.

<table>
<thead>
<tr>
<th>Municipality</th>
<th>Total Homeless Persons</th>
<th>% of Total Homeless Persons</th>
<th>Sheltered Homeless Persons</th>
<th>% of Sheltered Homeless Persons</th>
<th>Unsheltered Homeless Persons</th>
<th>% of Unsheltered Homeless Persons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bloomfield</td>
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<td>2.4%</td>
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<td>2.6%</td>
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<td>1.6%</td>
</tr>
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</tr>
<tr>
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<td>0</td>
<td>0.0%</td>
<td>2</td>
<td>1.6%</td>
</tr>
<tr>
<td>Irvington</td>
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<tr>
<td>Montclair</td>
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<tr>
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<td>1,262</td>
<td>87.6%</td>
<td>99</td>
<td>79.8%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1,565</strong></td>
<td><strong>87.0%</strong></td>
<td><strong>1,441</strong></td>
<td><strong>87.6%</strong></td>
<td><strong>124</strong></td>
<td><strong>79.8%</strong></td>
</tr>
</tbody>
</table>

*Does not reflect total homeless persons counted as some survey responses may not have included municipality.
Total Homeless Population

On the night of January 24, 2023, a total of 1,595 persons, in 1,153 households, were experiencing homelessness in Essex County.

Figure 1 shows that in 2023, 1,119 homeless persons stayed in emergency shelters, 350 stayed in transitional housing, and 126 were identified as unsheltered on the night of the count. When comparing to 2022, decreases are seen in every homeless location. Homeless respondents staying in emergency shelter decreased by 186 persons (14%), in transitional housing there was a 110 person decrease (24%) and a 23 person decrease in identified unsheltered respondents (15%).

Figure 1 also shows that, over the past five years, Essex County has seen an overall decrease of 640 identified persons (29%) from 2019 to 2023. Over this 5-year period, there was a 19% decrease in persons staying in emergency shelter, a 33% decrease in persons staying in transitional housing and a 63% decrease in identified unsheltered persons between 2019 and 2023.

As Figure 2 shows, 17% of the homeless household respondents in Essex County in 2023 reported that their last permanent address prior to becoming homeless was out of county.

Homeless Families and Individuals

In this report, ‘household’ means “any group of persons who, if they were able to attain permanent housing, would choose to live together; and shared the same sleeping arrangements on the night of the count.”
Of the 1,153 homeless households counted in Essex County in 2023, 210 (18%) were families with at least one child under the age of 18 and one adult. These families included 637 persons, including 387 children under age 18 and 250 adults. The average family size was 3.0 persons. Figure 3 shows that 141 families (67%) were staying in emergency shelters, 67 (32%) were in transitional housing and 2 (1%) were identified as unsheltered.

930 (81%) of the homeless households identified in Essex County were households without children under 18, and they were composed of 945 adults. The majority of adult-only households (72%) were staying in emergency shelters on the night of the count. 116 adult-only households were identified as unsheltered in 2023.

As Figure 3 indicates, there were 13 unaccompanied youth households with 13 persons identified in 2023. The majority of unaccompanied youth households (92%) were in emergency shelters on the night of the count.

**Demographics**

There were 136 (9%) identified homeless adults between 18 and 24 years old, 1,044 (65%) adults over age 24, and 400 (25%) children under 18 years old experiencing homelessness on the night of the count. Figure 4 shows that the age range most represented is Adults between 25 and 34 (255 persons, 16%).
54% (856) of homeless persons were male, 45% (713) were female and 4 homeless persons (0.3%) identified as transgender.

71% (1,125) of persons identified their race as Black or African American, making this the largest racial/ethnic subgroup of homeless persons counted. The next largest group identified as Hispanic/Latino (17%, 267 counted persons), followed by those identifying as White (7%, 107 counted persons); 2% of homeless persons counted did not report their race or ethnicity. It is important to note that the 2023 Point-In-Time Count combined Race and Ethnicity into one question.

**Subpopulations**

On the night of January 24, 2023, out of the 1,595 persons identified as homeless, there were a total of 186 Chronically Homeless persons, representing 12% of the counted homeless population. There were 69 homeless veterans representing 5.8% of the counted adult homeless population. 102 Victims of Domestic Violence were identified representing 6.4% of the total identified homeless population. Homeless Youth (individuals and families with heads of households 24 years old or younger) represented 10% of the counted homeless population with 163 persons identified. Figure 5 illustrates the break-down of each subpopulation identified by housing type.

As illustrated in Figure 5 the majority of counted Chronically Homeless (123 persons), Veterans (49 persons), Victims of Domestic Violence (82 persons) and Youth (132 persons) were in emergency shelters on the night of the count.
Disabilities

Figure 6 illustrates that 35% of homeless persons reported having some type of disability. 46% of adults 18 or older reported some type of disability compared to 6% of children. Figure 7 shows the number of the counted homeless persons that identified as having various disabilities. The most common disabilities included mental health issues and substance abuse disorder.

Among persons identifying a disability, 59% reported mental health issues; this accounts for 21% of the total identified population experiencing homelessness. An additional 48% of disabled adults reported a substance abuse disorder.
Income and Benefits

Among all households experiencing homelessness on the night of the count, 51% had no source of income; 17% reported having earned income. The most common sources of income among homeless households were Work Income (17%) and SSI (14%) followed by General Assistance (6%). Figure 8 shows the income sources reported by respondents in relation to their housing situation on the night of the count.

Fig. 8: Income by Housing Situation

2% of counted homeless households reported receiving no non-cash benefit on the night of the count. Medicaid was the top reported non-cash benefit, received by 55% of homeless households. Food Stamps (SNAP) was the second most reported non-cash benefit received by 38% of homeless households.
Length of Homelessness

Figure 9 illustrates the total amount of time identified households have reported being homeless. This includes continuous episodes of homelessness as well as the total duration of various episodes of homelessness over the past 3 years. As seen in Figure 9, 45% of identified homeless households reported their total length of homelessness was between 0 and 6 months. Within this group, 20% were homeless from 0 – 2 months and 24% were homeless between 3 and 6 months. For those with longer periods of homelessness, 21% of homeless households reported that their total length of homelessness was more than 1 year. Among households that had lengths of homelessness exceeding one year, 152 households (13%) were homeless between 1 and 3 years while 94 households (8%) reported their total length of homelessness exceeded 3 years.

Episodes of Homelessness

A total of 771 households (67%) reported experiencing one episode of homelessness. Figure 10 illustrates the total number of episodes of homelessness reported by households experiencing homelessness.
Cause of Homelessness and Barriers to Services

When asked to share the factors that contributed to, or caused, their homelessness, more households attributed their homelessness to being asked to leave a shared residence (335 households, 35%) than any other cause. As Figure 11 shows, the next most common factor reported was eviction or risk of eviction (20%) followed by loss or reduction of job income (9%).

![Fig. 11: Cause of Homelessness by Household](image)

Please note categories are not mutually exclusive as respondents may have selected multiple options.

When households were asked ‘what issues have you encountered when trying to get access to services?’ more said no ID/documents than any other type of barrier (97 households). Among households in emergency shelter, the top reported barriers were no ID/documents (45 households), followed by lack of transportation (32 households). The top reported barriers for those residing in unsheltered locations were having no ID/documents (51 households) and lack of transportation (36 households).
IV. Findings for the Chronically Homeless

Chronically Homeless households, as defined by HUD, are persons with a long-term disabling condition who have been continually homeless for a year or more, or at least four times in the past three years where the length of time in those episodes add up to a year or more. Any family with a head of household that meets this definition is considered a chronically homeless family.

Chronically Homeless households are one of the priority populations identified by HUD. Priority population status reflects the urgency of helping to house those persons who have not been able to remain stably housed over an extended period of time. Chronically Homeless persons are among the most vulnerable homeless groups and effective supportive services and case management may be required in order to help some stay in the housing they need.

Fig. 12: 5-Year Comparison of Chronic Homeless Population by Housing Situation

Fig. 13: Chronically Homeless Households by Housing Situation
Fig. 14: Number of Chronically Homeless Persons by Disability Type*

- Mental Health Issue: 103
- Substance Abuse Disorder: 62
- Physical Disability: 51
- Developmental Disability: 18
- Chronic Health Condition: 47
- HIV/AIDS: 11

*Please note categories are not mutually exclusive as respondents may have selected multiple options.

67% identified multiple disabilities

Fig. 15: Episodes of Homelessness Among Chronically Homeless Households

- 1 Episode: 93 households
- 2 Episodes: 30 households
- 3 Episodes: 9 households
- 4+ Episodes: 38 households

76% identified as Black/African American

Fig. 16: Number of Chronically Homeless Households by Income Source*

- SSI: 55 households
- SSDI: 15 households
- TANF: 4 households
- Unemployment: 12 households
- Work Income/Wage: 2 households
- Worker's Compensation: 7 households
- Alimony: 4 households
- Child Support: 1 household
- Veteran's Pension: 1 household
- Social Security: 2 households
- No Source of Income: 2 households
- Missing Information: 9 households

*Please note categories are not mutually exclusive as respondents may have selected multiple options.
V. Findings for the Unsheltered Homeless

HUD’s definition of “unsheltered homeless” applies to any individual or family “with a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings, including a car, park, abandoned building, bus or train station, airport, or camping ground.”

Unsheltered homeless individuals and families are among those with the most critical housing needs in a community. The unsheltered are especially vulnerable in the cold weather and the elements, which are in evidence at the end of January when the Count takes place. The Point-In-Time survey can play an important role in helping communities understand why some of the homeless remain unsheltered, and who is included in this group.

![Fig. 17: 5-Year Comparison of Total Homeless Population by Housing Situation](image)

![Fig. 18: Unsheltered Homeless Households by Housing Situation](image)
Fig. 19: Unsheltered Persons by Subpopulation

- Chronically Homeless: 63
- Veterans: 11
- Victims of Domestic Violence: 11
- Youth: 8

Subpopulation

Fig. 20: Number of Unsheltered Persons by Disability Type*

- Mental Health Issue: 49
- Substance Abuse Disorder: 10
- Physical Disability: 3
- Developmental Disability: 17
- Chronic Health Condition: 3
- HIV/AIDS: 1

Fig. 21: Income Source of Unsheltered Households by Housing Situation*

- SSI: 19
- SSDI: 6
- TANF: 9
- Unemployment: 7
- Worker’s Compensation: 8
- Child Support: 7
- Veteran’s Pension: 7
- Social Security: 8
- No Source of Income: 8

Income Source

Fig. 22: Length of Homelessness Among Unsheltered Households

- 0 - 2 months: 7
- 3 - 6 months: 16
- 7 - 9 months: 7
- 10 - 12 months: 15
- 1 year - 3 years: 39
- More than 3 years: 30
- Missing Information: 4

Length of Homelessness

*Please note categories are not mutually exclusive; respondents may have selected multiple options.

78% reported a disability.
VI. Findings for Homeless Veterans

Veterans are defined as any person at or above the age of 18 who has served in any branch of the Armed Forces. For the purposes of the Point-in-Time Count, the veteran definition covers any person who has served including those who may not be eligible for veteran services through the U.S. Department of Veterans Affairs. In its plan, Opening Doors: Federal Strategic Plan to Prevent and End Homelessness, the United States Interagency Council on Homelessness (USICH) has prioritized ending homelessness among veterans. Many communities in New Jersey have also been working hard to end homelessness among our country’s servicemen and women.

Fig. 23: 5-Year Comparison of Total Homeless Veteran Population by Housing Situation

Fig. 24: Number of Veteran Persons by Disability Type*

70% of homeless veterans identified a disability

22% decrease since 2019

21% decrease since 2022

ESSEX 2023 POINT-IN-TIME COUNT
**Fig. 25: Income by Housing Situation for Veteran Households***

- SSI: 8
- SSDI: 8
- General/Public Assistance/Welfare: 1
- Work Income/Wage: 13
- Veteran's Pension: 6
- Social Security: 5
- No Source of Income: 22

*Please note categories are not mutually exclusive as respondents may have selected multiple options.

28% of veterans have been homeless for more than 1 year.

**Fig. 26: Length of Homelessness Among Veteran Households**

- 0 - 2 months: 18
- 3 - 6 months: 17
- 7 - 9 months: 5
- 10 - 12 months: 9
- 1 year - 3 years: 10
- More than 3 years: 9
- Missing Information: 1

**Fig. 27: Episodes of Homelessness Among Veteran Households**

- 1 Episode: 48
- 2 Episodes: 9
- 3 Episodes: 6
- 4+ Episodes: 5
- Missing Information: 1
VII. Finding for Homeless Youth

Youth are defined as persons under the age of 25 who are not accompanied by a parent or guardian. This can include individual youth (18-24 years old), unaccompanied minors (17 or younger), households of 2 or more youth presenting together as a household, and pregnant or parenting youth who are the legal guardians of one or more children. The United States Interagency Council has identified homeless youth as one of the priority populations of focus in Opening Doors: Federal Strategic Plan to Prevent and End Homelessness. Many communities across New Jersey are working to better understand the scope and needs of the Youth population experiencing homelessness and are working with community partners to end youth homelessness.

Fig. 28: Number of Homeless Youth by Housing Situation

Fig. 29: Homeless Youth Households by Housing Situation

51% identified as female

65% identified as Black/African American
Fig. 30: Number of Youth by Disability Type*

- Mental Health Issue: 39
- Substance Abuse Disorder: 11
- Physical Disability: 10
- Developmental Disability: 18
- Chronic Health Condition: 2
- HIV/AIDS: 2

Fig. 31: Income Sources for Youth Households*

- SSI: 4
- TANF: 5
- Work Income/Wage: 4
- No Source of Income: 23
- Missing Information: 7

- General/Public Assistance/Welfare

Fig. 32: Length of Homelessness Among Youth Households

- 0 - 2 months: 48
- 3 - 6 months: 40
- 7 - 9 months: 19
- 10 - 12 months: 7
- 1 year - 3 years: 4
- More than 3 years: 1
- Missing Information: 7

Fig. 33: Episodes of Homelessness Among Youth Households

- 1 Episode: 76
- 2 Episodes: 11
- 3 Episodes: 12
- 4+ Episodes: 20
- Missing Information: 7

*Please note categories are not mutually exclusive as respondents may have selected multiple options.
VIII. Findings for Victims of Domestic Violence

The 2023 Point-in-Time Count captured information for individuals and families “Fleeing” Domestic Violence. For the purposes of the Point-In-Time Count, Domestic Violence is defined as any household that is fleeing domestic violence, dating violence, sexual assault, stalking, or other dangerous or life-threatening conditions that relate to violence against the individual or a family member, including a child, that has taken place in their home, or has created a situation in which the individual or family is afraid to return to their home.

Fig. 34: Number of Homeless DV Victims by Housing Situation

71% identified as Black/African American

Fig. 35: Homeless DV Households by Housing Situation

51% were households without children
**Fig. 36: Number of DV Victims by Disability Type**

- Mental Health Issue: 14
- Substance Abuse Disorder: 4
- Physical Disability: 9
- Developmental Disability: 7
- Chronic Health Condition: 1
- HIV/AIDS: 1

**Fig. 37: Income Source for DV Victim Households**

- SSI: 4
- SSDI: 1
- TANF: 4
- Welfare: 4
- Work Income/Wage: 3
- No Source of Income: 15
- Missing Information: 20

- 48% of victims of domestic violence reported no source of income

*Please note categories are not mutually exclusive as respondents may have selected multiple options*

**Fig. 38: Length of Homelessness Among DV Victim Households**

- 0 - 2 months: 8
- 3 - 6 months: 10
- 7 - 9 months: 4
- 10 - 12 months: 6
- 1 year - 3 years: 3
- More than 3 years: 4
- Missing Information: 20

**Fig. 39: Episodes of Homelessness Among DV Victim Households**

- 1 Episode: 26
- 2 Episodes: 5
- 3 Episodes: 2
- 4+ Episodes: 2
- Missing Information: 20

25% identified a disability
IX. Appendix A: Data Collection and Methodology

Requirements for the Count
As part of its Continuum of Care (CoC) application for homelessness funding, HUD requires that jurisdictions across the nation conduct a statistically reliable and unduplicated count of the homeless for one overnight period during the last 10 days of January. New Jersey’s Continuums of Care (regional networks of organizations, agencies, and community stakeholders that plan local efforts to help the homeless) conduct an annual count of sheltered homeless persons (i.e., persons in emergency shelter, transitional housing for the homeless, and Safe Haven programs) and at least a biennial count of unsheltered homeless persons.

In their Point-In-Time Count, CoCs must count and report all individuals and families who meet the criteria in paragraph (1)(i) of the homeless definition in 24 CFR 91.5 of HUD’s Homeless Definition Rule on the night designated for the count. This includes individuals and families who are:

- **Sheltered**, or “living in a supervised publicly or privately-operated shelter designated to provide temporary living arrangement (including congregate shelters, transitional housing, and hotels and motels paid for by charitable organizations or by federal, state, or local government programs for low-income individuals),” or

- **Unsheltered**, “with a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings, including a car, park, abandoned building, bus or train station, airport, or camping ground.”

Because this report focuses on those respondents who meet HUD’s definition of homeless, it does not include information about those who may be at risk of homelessness, precariously housed, or considered homeless under other federal statutes. Persons who, on the night of the count, were living doubled up with another household, living in illegal or overcrowded units, being discharged from a jail or health facility with no subsequent residence, scheduled to be evicted, or paying for their own motel unit were not considered homeless. All survey information collected for respondents who were at risk of homelessness or precariously housed was preserved and shared with each community for local planning purposes but is not included in this report unless otherwise noted.

Data Collection Methods
Monarch Housing Associates provided each of New Jersey’s 21 counties with live remote training, online video and print training guides, a practice online survey tool, and technical assistance to aid in the data collection process for New Jersey’s 2023 Point-In-Time Count. Point-In-Time Coordinators in each county disseminated PIT training materials and helped facilitate local planning around implementation of the PIT count in their communities.
The count of homeless persons who were sheltered on the night of the Point-in-Time was primarily taken from New Jersey's Homeless Management Information System (HMIS), while the count for the unsheltered and those sheltered by non-HMIS programs was conducted using a Paper Survey tool, personal interviews, and agency client records. This strategy was designed in accordance with HUD guidance regarding conducting both sheltered and unsheltered Point-In-Time Counts. About 84% of the records for households experiencing homelessness were generated through HMIS.

The 2023 PIT Survey tool closely mirrors information collected in HMIS so that the data was comparable for important factors such as duration and episodes of homelessness, household characteristics, income, services needed, and factors contributing to homelessness. Agencies updated all HMIS data to accurately reflect household information the night of the count, and those with programs that were non HMIS-participating submitted information from interviews utilizing the Paper Survey tool through SurveyMonkey. About 16% of the records for households experiencing homelessness were generated through SurveyMonkey.

Limitations

1. HUD requires a count of sheltered homeless persons and families annually, but only a biennial count of those who are unsheltered. Even though New Jersey conducts both a sheltered and unsheltered count each year, the comprehensiveness of the unsheltered count may be impacted during the non-HUD required full count years. 2023 was a HUD mandated year to conduct an unsheltered count; the unsheltered count in 2021 was not required due to the COVID-19 pandemic. Factors affecting the unsheltered count include, but are not limited to: lack of volunteers, reliance solely on homeless service provider staff of which many were understaffed, and inability to host in person events or service fairs for persons experiencing homelessness.

2. The information presented in this report is based on survey interviews and agency HMIS records. In some cases, survey respondents did not answer every question completely, and homeless provider agencies did not report all client information on the night of the count. For this reason, all charts presented in this report are based on the responses received, but all percentages are based on the total households or individuals served and thus may not total 100% in each category due to possible missing data.

3. Because the Point-In-Time Count represents only one night during the last ten days of January, it is widely accepted that the PIT will undercount the overall homeless population. Undercounting may occur due to difficulty finding those living on the street, inclement weather, incomplete information for people who do not agree to complete the survey, a shortage of volunteers to cover a geographic area, or homeless persons choosing not to seek housing services on the night of the count. This data should not be viewed as a comprehensive measurement of all families and individuals who experience homelessness throughout the year, but rather as a minimum number of persons who experience homelessness in New Jersey on a given night.
4. The Point-in-Time Count represents an attempt by communities across the State of New Jersey to capture a complete census of all persons experiencing homelessness both in shelters and on the street during a single night. While the count is coordinated as a single statewide event, each county across the state develops locally appropriate methodologies for conducting the count of unsheltered persons in the community. As such, there is variation of the scope and depth of the unsheltered count from community to community. However, the sheltered count is conducted in a uniform manner across the state and each community maintains a consistent process for completing the sheltered and unsheltered count from year to year.

5. Given the nature of the Point-in-Time Count as a one-day count of the population experiencing homelessness, data collected on the racial and ethnic breakdown from the PIT is not fully comparable to U.S. Census Bureau data on the racial and ethnic population for the State of New Jersey. While there are limitations on comparing the PIT data, for purposes of examining racial and ethnic disparities, as a result of the single day count, a review of the sheltered population in the State of New Jersey over the course of a full year demonstrates similar trends as seen in the PIT data in which persons identifying as African American or Black, Native American and Hawaiian/Pacific Islander are overrepresented in the population experiencing homelessness.

**De-duplication**

Monarch Housing Associates collected and merged all HMIS and SurveyMonkey Point-In-Time data from each community into its combined database. Monarch generated two unique identifiers, one more general and one more in-depth, based on the identifying information for each individual record. Using a formula, these unique identifiers were compared to all identifiers for other records in the database to identify potential duplicates.

All duplicates detected through comparison of unique identifiers were then de-duplicated by the following process:

1. Multiple HMIS records where all fields match – a single record was preserved, and all duplicates were removed;
2. Multiple SurveyMonkey records where all fields match – a single record was preserved, and all duplicates were removed;
3. Comparing HMIS to SurveyMonkey records where unique identifiers, disabilities, income sources, household size, and location on the night of the count all match – the HMIS record was preserved and the SurveyMonkey duplicates were removed.

Following this de-duplication of the data, communities were given preliminary data to review all identified duplicates and records with missing data. Communities were then able to update records with missing information and/or request any additional de-duplication they determined prudent. Monarch then updated and removed additional records based on community feedback prior to completing its final analysis and report.
X. Appendix B: 10-Year Look Back and Survey Responses

10-Year Comparison of Homeless Population (2014-2023)
Would you, or anyone in your household like to receive any of the following services? Check all that apply to each person.

Fig. B.2: Number of Homeless Households by Services Needed

Please note categories are not mutually exclusive as respondents may have selected multiple options.
What issues have you encountered when trying to get access to services? Check all that apply to each person.

Please note categories are not mutually exclusive as respondents may have selected multiple options.
Where did you spend the night of January 24, 2023?

Fig. B.4: Total Number of Households and Persons by Housing Type
What was your location the night of the count?

<table>
<thead>
<tr>
<th>Location Night of Count - Municipality</th>
<th>Number of Persons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bloomfield</td>
<td>38</td>
</tr>
<tr>
<td>City of Orange</td>
<td>2</td>
</tr>
<tr>
<td>East Orange</td>
<td>66</td>
</tr>
<tr>
<td>Essex Fells</td>
<td>2</td>
</tr>
<tr>
<td>Irvington</td>
<td>34</td>
</tr>
<tr>
<td>Montclair</td>
<td>62</td>
</tr>
<tr>
<td>Newark</td>
<td>1361</td>
</tr>
</tbody>
</table>
What is your total length of homelessness?

Fig. B.6: Homeless Households by Length of Homelessness and Housing Type
How many times have you been homeless in the past 3 years?

Fig. B.7: Homeless Households by Episodes of Homelessness by Housing Type
Where was your last permanent address before becoming homeless?

<table>
<thead>
<tr>
<th>Last Permanent Address – County/State</th>
<th>Number of Households</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bergen County</td>
<td>7</td>
</tr>
<tr>
<td>Burlington County</td>
<td>1</td>
</tr>
<tr>
<td>Camden County</td>
<td>1</td>
</tr>
<tr>
<td>Cumberland County</td>
<td>3</td>
</tr>
<tr>
<td>Essex County</td>
<td>785</td>
</tr>
<tr>
<td>Hudson County</td>
<td>42</td>
</tr>
<tr>
<td>Hunterdon County</td>
<td>5</td>
</tr>
<tr>
<td>Mercer County</td>
<td>5</td>
</tr>
<tr>
<td>Middlesex County</td>
<td>13</td>
</tr>
<tr>
<td>Monmouth County</td>
<td>8</td>
</tr>
<tr>
<td>Morris County</td>
<td>2</td>
</tr>
<tr>
<td>Ocean County</td>
<td>1</td>
</tr>
<tr>
<td>Passaic County</td>
<td>24</td>
</tr>
<tr>
<td>Somerset County</td>
<td>3</td>
</tr>
<tr>
<td>Sussex County</td>
<td>1</td>
</tr>
<tr>
<td>Union County</td>
<td>39</td>
</tr>
<tr>
<td>Warren County</td>
<td>1</td>
</tr>
<tr>
<td>Alabama</td>
<td>1</td>
</tr>
<tr>
<td>Florida</td>
<td>1</td>
</tr>
<tr>
<td>Illinois</td>
<td>1</td>
</tr>
<tr>
<td>Louisiana</td>
<td>1</td>
</tr>
<tr>
<td>Massachusetts</td>
<td>4</td>
</tr>
<tr>
<td>New York</td>
<td>7</td>
</tr>
<tr>
<td>North Carolina</td>
<td>5</td>
</tr>
<tr>
<td>Ohio</td>
<td>2</td>
</tr>
<tr>
<td>Oklahoma</td>
<td>1</td>
</tr>
<tr>
<td>Pennsylvania</td>
<td>10</td>
</tr>
<tr>
<td>South Carolina</td>
<td>1</td>
</tr>
<tr>
<td>Texas</td>
<td>1</td>
</tr>
<tr>
<td>Virginia</td>
<td>3</td>
</tr>
<tr>
<td>Wisconsin</td>
<td>1</td>
</tr>
</tbody>
</table>
Who was homeless with you on the night of the Point-in-Time count?

Fig. B.9: Number of Persons by Age Range and Housing Type

- Children 0-5
- Children 6-17
- Young Adults 18-24
- Adults 25-34
- Adults 35-44
- Adults 45-54
- Adults 55-64
- Adults 65+
- Missing Information

Emergency Shelter
Transitional Housing
Unsheltered
Household Characteristics: Demographic Data – check all that apply to each person

Fig. B.10: Number of Persons by Gender and Housing Type

Fig. B.11: Number of Persons by Race and Housing Type

<table>
<thead>
<tr>
<th>Race</th>
<th>Number of Homeless Persons</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian/Alaska Native, non-Hispanic/Latino</td>
<td>1125</td>
</tr>
<tr>
<td>Black/African-American, non-Hispanic/Latino</td>
<td>55</td>
</tr>
<tr>
<td>Asian, non-Hispanic/Latino</td>
<td>3</td>
</tr>
<tr>
<td>White, non-Hispanic/Latino</td>
<td>107</td>
</tr>
<tr>
<td>Multi-Racial, non-Hispanic/Latino</td>
<td>12</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>267</td>
</tr>
<tr>
<td>No Response</td>
<td>35</td>
</tr>
</tbody>
</table>
Household Characteristics: Subpopulations – check all that apply to each person

Please note categories are not mutually exclusive as respondents may have selected multiple options.
Household Characteristics: Disabling Conditions – check all that apply to each person

Please note categories are not mutually exclusive as respondents may have selected multiple options.
Which of the following sources of income do you, or anyone in your household, receive?

Please note categories are not mutually exclusive as respondents may have selected multiple options.

Fig. B.14: Number of Households by Source of Cash Income

Income Sources:
- General/Public Assistance/Welfare
- SSDI
- TANF
- Unemployment
- Private Disability Insurance
- Work Income/Wage
- Worker’s Compensation
- Alimony
- Child Support
- Veteran’s Pension
- Social Security
- No Source of Income
- Missing Information

Number of Homeless Households:
- SSDI: 154
- SSDI: 48
- TANF: 55
- Unemployment: 71
- Private Disability Insurance: 10
- Work Income/Wage: 1
- Worker’s Compensation: 187
- Alimony: 7
- Child Support: 2
- Veteran’s Pension: 9
- Social Security: 8
- No Source of Income: 7
- Missing Information: 42

ESSEX 2023 POINT-IN-TIME COUNT 43
Which of the following sources of non-cash benefits do you, or anyone in your household, receive?

Please note categories are not mutually exclusive as respondents may have selected multiple options.
What were the primary factors that contributed to, or caused, your current living situation?

Please note categories are not mutually exclusive as respondents may have selected multiple options.